



Wesley Tidings

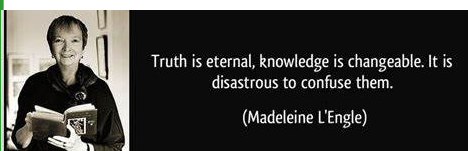
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Pastor's Ponderings

For longer than I can recall I have been collecting quotes. Drawn from literary classics, music lyrics, magazine articles, movies, comedians — any form of communication really. When a line strikes me stirring some emotional query, I find a way to store it away for another time. Written in journals. A running list in tiny print. Posted on my Facebook Feed. Saved in an Instagram folder. Sticky notes moving from page to page in my daily calendar. Stored in Kindle quotes. From time to time I pull them out, read through, and explore the archives of my reading history. Selecting one, I write it on a blank page. Spend time with each word. Add color, doodles, questions, insights. Consider how this quote has companioned me through certain life seasons. Ponder connections through Holy Spirit conversations and Scripture passages (many of which are in those accumulated lists). Mostly though, these excavated lines of text are hibernating in my mind's curvy grey matter until called up for contemplation. Distant reflections from experiences which resonate as I live this faith journey. A curated gallery of spiritual guides, friends, teachers, antagonists rousing me to think, companions on this same human journey wandering through great holy themes of hope, faith, and love. Their voices offer guiding comfort as I hear the universal struggles, personal griefs, familiar wrestling, and witnessed wonder through it all.

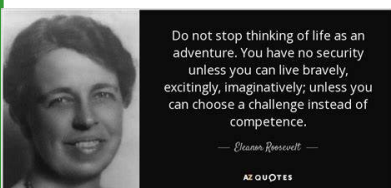
We all have resources that nurture, heal, encourage, and provide guidance for each step and stage of this human experience. Written words are a love language that speak to my spirit. Whatever it is that feeds your soul and directs your heart to God's Divine presence, make space and time to really enjoy every aspect. Let that practice immerse you in Holy Spirit awe. For me, I'll soak in some restoring quotes during this sweltering summer season.



"Truth is eternal, knowledge is changeable. It is disastrous to confuse them." -Madeline L'Engle

I praise you
BECAUSE
I AM
FEARFULLY
& Wonderfully
MADE

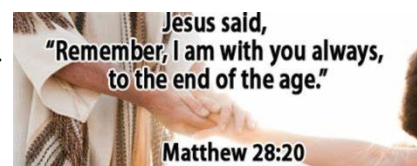
"I praise you, for I am fearfully and wonderfully made." Psalm 139



"Do not stop thinking of life as an adventure. You have no security unless you can live bravely, excitingly, imaginatively." - Eleanor Roosevelt

"... remember, I am with you always, even to the end of the age." — Jesus

Blessings, Pastor Gretchen



School Supplies Needed

The Salvation Army is having a back-to-school drive for backpacks and school supplies. The supplies will go to students in need of assistance in the local community. There is a bin under the coat rack with a list of items posted.

Please drop items off by Wednesday, August 17th. The donations will be delivered to the Salvation Army on Friday, August 19th. Contact person, Sylvia Krisnow.



Join United Methodist Communications for their inaugural United Methodist Podcast-a-thon event taking place on August 2, 2022.

The day-long event will showcase eight new podcast episodes from the United Methodist general agencies delivered via Facebook Live on the [ResourceUMC Facebook page](https://www.resourceumc.org/en/content/united-methodist-podcast-a-thon?utm_source=communication%20essentials&utm_medium=email&utm_campaign=resourceumc&utm_content=podcast07/27/2022&mkt_tok=MDc4LUpYUS02NDMAAAGF35dZ-). The schedule features podcasts designed to inspire your faith and strengthen leadership.



THE SALVATION ARMY

LOVE BEYOND
SCHOOL SUPPLIES

**** DONATION LIST ****



Please consider donating any of the below **needed supplies** for the **2022-2023** school year.

- | | |
|-------------------------------|-----------------------------|
| ✓ BLACK SHARPIE | ✓ KLEENEX TISSUES (small) |
| ✓ CALCULATORS | ✓ MECHANICAL PENCILS |
| ✓ COLOR MARKERS | ✓ NOTEBOOK PAPER |
| ✓ COLOR PENCILS | ✓ PENCILS #2 |
| ✓ COMPOSITION BOOKS | ✓ PENCIL ERASERS |
| ✓ CRAYONS | ✓ PENCIL SHARPENERS |
| ✓ DRY ERASE MARKERS | ✓ PENS – BLACK / BLUE / RED |
| ✓ FOLDERS WITH POCKETS | ✓ 3 RING BINDERS (1 INCH) |
| ✓ FOLDERS W/ POCKETS & PRONGS | ✓ RULERS |
| ✓ GLUE STICKS & LIQUID | ✓ SCISSORS |
| ✓ HAND SANITIZER (small) | ✓ SCOTCH TAPE |
| ✓ HIGHLIGHTERS | ✓ SPIRAL NOTEBOOKS |
| ✓ INDEX CARDS 3 X 5 | ✓ SUPPLY BOXES |

BOOK BAGS NEEDED (do not fill with supplies)



Jim Colston - Volunteer / Special Events Coordinator
1033 Big Bethel Road Hampton VA 23666
Ph. 757-838-4875 jim.colston@uss.salvationarmy.org

Cash donations are much appreciated

Supplies are to be dropped off by Friday, August 19th at:
The Salvation Army of the Virginia Peninsula
1033 Big Bethel Rd.,
Hampton, VA 23666

Go to:

[United Methodist Podcast-a-thon \(resourceumc.org\)](https://www.resourceumc.org/en/content/united-methodist-podcast-a-thon?utm_source=communication%20essentials&utm_medium=email&utm_campaign=resourceumc&utm_content=podcast07/27/2022&mkt_tok=MDc4LUpYUS02NDMAAAGF35dZ-)
https://www.resourceumc.org/en/content/united-methodist-podcast-a-thon?utm_source=communication%20essentials&utm_medium=email&utm_campaign=resourceumc&utm_content=podcast07/27/2022&mkt_tok=MDc4LUpYUS02NDMAAAGF35dZ-



AUGUST Counter list

7—Clyde Gumbert/

Renee Arnold

14—Renee Arnold/Zach Eitzen

21—Zach Eitzen/Amy Stanley

28—Amy Stanley/Mary Saylor

The Men's Bible Study that has been meeting on Tuesday evenings will have their last meeting for the summer on August 2nd in the John Phillips Classroom.

They will resume on Thursday evenings in the Fellowship Hall starting September 8th at 6:00 PM.



Sages will meet on August 24 at the **County Grill**, 26 E. Mercury Blvd, Hampton. RSVP with the church office.





Faith Journey Campaign

The United Methodist Church has launched a faith journey campaign highlighting grace-filled experiences of the embodied community. Explore and participate by visiting <https://www.resourceumc.org/en/agencies/communications/church-and-conference-resources/people-of-god-campaign-new> #BeUMC

We are the People of God—The #BeUMC campaign reminds us of who we are at our best. As people of God called The United Methodist Church, we're faithful followers of Jesus seeking to make the world a better place.

Join the denomination in sharing why you are #BeUMC

#BeUMC honors the core values that connect the people of The United Methodist Church (The UMC). This grass-roots campaign, built upon powerful stories of congregations and people living their faith, celebrates what draws us to The UMC and what we aspire to be.

The UMC is founded on a Wesleyan theology of grace, anchored in Scripture, and based in the life and teachings of Jesus Christ and the continuing movement of the Holy Spirit.

The full story of The UMC reflects all of our interwoven experiences. Consider our common roots and your answer to the question, "Why am I United Methodist?" Then, post a video, photo or written testimony on your preferred social media platform – don't forget to use the hashtag #BeUMC.

Download the campaign discussion guide... [beumc-discussion-guide.ashx](https://www.resourceumc.org/en/agencies/communications/church-and-conference-resources/people-of-god-campaign-new) (resourceumc.org)



Food Donations Needed at H.E.L.P.

Summer break from school – means more children are home every day for lunch and snacks... Our community pantry shelves are looking very bare.

HELP Pantry Most Wanted List:

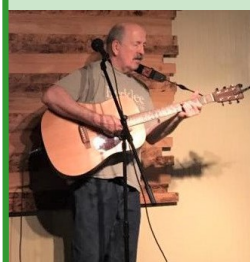
- Dry cereal in boxes
- Tomato sauce
- Spaghetti Sauce
- Shelf-stable milk in single-serve packages
- Jell-O
- Canned meat– Spam, corned beef, etc.
- Pork and beans
- Rice-a-Roni/ flavored rice packets
- Paper grocery bags
- Toilet Paper
- Individually Wrapped Bars of Soap



Most needed at the Day Center

- Bus passes
- Sweatshirts/Sweatpants
- Jeans
- Twin sheet sets
- Disposable razors
- Washcloths

A Note from Wesley's Music Director



Harmony house and will start back up in September.

Tidewater Friends of Acoustic Music presents Roy Ira Moats—singer song writer on August 26 at 7PM. Suggested donation \$5.

The sanctuary choir will resume rehearsals September 8 in preparation for the fall ministries and for our Christmas music. All who are interested in our choir's ministry are encouraged to attend on September 8 for a short rehearsal followed by a dessert fellowship.

A tremendous thank you to all who are providing special music during summer worship services. God has blessed us with talent and ministries in music.—*Jerry Sowers*

United Women of Faith

Wesley's United Women in Faith met on July 25th. Nancy Gumbert demonstrated how to make Baklava. While baking, the regular meeting was held. Following the meeting, everyone enjoyed baklava and trivia about baklava.



Our next meeting will be August 22nd at 6:30 PM in the fellowship hall.

The Wesley Community Service Center was featured on WAVY10 TV. <https://www.wavy.com/news/local-news/portsmouth/a-portsmouth-beacon-of-hope-battered-by-time-is-poised-to-shine-again/>

United Women in Faith

Youngest United Women in Faith president elected

'Ainse 'Isama'u is the youngest and first ever Pacific Islander national president of United Women in Faith. 'Ainise 'Isama'u once doubted her church's women's organization. Now she is its national president.

Read more about her at <https://uwfaith.org/latest-news/2022/july-aug-response-the-real-deal/>



Registration is open!

August 5-6, 2022

Lay Servant Academy

Training Weekend

Hybrid Event!

In-Person and online

**Register now
for Lay Serv-
ant Academy**

**Virginia Conference Center
Glen Allen, VA 23060**

**Tianna Durbin, Director of Lay Servant Academy
TiannaD@arcolachurch.org**

Registration is now open <https://na.eventscloud.com/ereg/index.php?eventid=689982&> for Lay Servant Academy (LSA) training from Friday, August 5 to Saturday, August 6, 2022. Please share this opportunity with your local church members. Questions may directed to Richard Speirs(RichardSpeirs@yahoo.com) or Tianna Durbin (TiannaD@arcolachurch.org).



Buchanan Flood response

The Rev. Bob Pihlcrantz, VAUMC Disaster Response coordinator, shared an update following the recent devastating flooding in Buchanan County, Va. The county is located in the Holston Conference and the Virginia Conference received an invitation to

assist the flood relief efforts in any way that members of the conference can help. Pihlcrantz is coordinating these efforts with the local District Disaster Response Coordinators and information will be shared as soon as it is available.

At this time, please refrain from sending any physical donations to the county as their donation site is currently overwhelmed. The best way to help is through monetary donations which can be donated at the [Holston Conference website](https://holston-reg.brtapp.com/2022HolstonFloods). <https://holston-reg.brtapp.com/2022HolstonFloods>



Ukrainian United Methodists Care for Fellow Countrymen

UM NEWS--United Methodists in western Ukraine are opening their churches and homes to house evacuees from the war with Russia. The United Methodist Church in Ukraine operates three shelters to house evacuees, with plans to help them with long-term housing as the war drags on. The church shelters care for about 100 displaced people per day, providing shelter, food, medicine and other necessities.

<https://www.umnews.org/en/news/ukrainian-united-methodists-care-for-fellow-countrymen>

Register: https://gbgm.zoom.us/meeting/register/tJYlfumvrjguEtGC_Pm2FVg1xiplRnjqPL0v



September is national month for action against hunger

Each year, September is dedicated as a national month for action against hunger. Partnering with Society of St. Andrew (SoSA) is a simple way for you to invite your faith family and community to grow further in the mission to end hunger. This is an opportunity to come together as a family of faith by devoting time to giving, serving, learning, and leading with The Society of St. Andrew. [Find resources...](https://endhunger.org/ham/) <https://endhunger.org/ham/>



Register for Festival of Wisdom & Grace at Lake Junaluska

Lake Junaluska is once again hosting the Festival of Wisdom & Grace at Lake Junaluska from **Monday, August 1 to Thursday, August 4**. This annual conference features worship, workshops, recreation, learning, entertainment and fellowship. This year, explore how to find "Rest, Renewal, and Delight." Key-note speaker is Matthew Sleeth, MD, executive director of Blessed Earth, who will talk about ways to maintain mental health, and Bishop Ken Carder, author of "Ministry with the Forgotten: Dementia Through a Spiritual Lens," will be the festival preacher. On the schedule are outstanding workshops, lakeside devotions, learning circles, and a concert with Emmy-nominated Marty Goetz, whose acoustical/classical arrangements have been described as "scriptures beautifully set to music." Register at: <https://lakejunaluska.com/spiritual-renewal/adult-ministry/festival-of-wisdom-and-grace/>

Update on Annual Conference Offering, Kits

At the latest count, 18,811 kits and 12,611 cans of food were collected and \$140,000 was raised for the conference offering. This year, the conference offering directly sponsored the D.Min Program at Wesley Theological Seminary, whose graduates serve to nurture soldiers all over the world, as well as Partnerships of Hope. Find out more in the [Mission Opportunities Report](https://vaumc.org/2022-ac-mission-opportunities-report/?utm_source=mailpoet&utm_medium=email&utm_campaign=e-Advocate%2C+July+26%2C+2022) from the Serving Office. https://vaumc.org/2022-ac-mission-opportunities-report/?utm_source=mailpoet&utm_medium=email&utm_campaign=e-Advocate%2C+July+26%2C+2022

Resources are available to help with reporting a wrap-up of the 2022 Annual Conference session to local churches.

An overview Annual Conference report is [now available here](https://vaumc.org/wrap-up-2022-virginia-annual-conference-united-as-one-in-worship/?utm_source=mailpoet&utm_medium=email&utm_campaign=e-Advocate%2C+July+26%2C+2022). https://vaumc.org/wrap-up-2022-virginia-annual-conference-united-as-one-in-worship/?utm_source=mailpoet&utm_medium=email&utm_campaign=e-Advocate%2C+July+26%2C+2022

As well, individual session wrap-ups can be found https://vaumc.org/wrap-up-2022-virginia-annual-conference-united-as-one-in-worship/?utm_source=mailpoet&utm_medium=email&utm_campaign=e-Advocate%2C+July+26%2C+2022

The conference Flickr has pictures from throughout the event. <https://www.flickr.com/photos/vaconf/albums>
The livestream of the event can be viewed at the conference Vimeo page. <https://vimeo.com/VAUMC>

A wrap-up video of the event is available for local church use. <https://www.youtube.com/watch?v=FHdEME6f-KM> Wonderful video, watch and see our own Donna Turley in the beginning of the video.

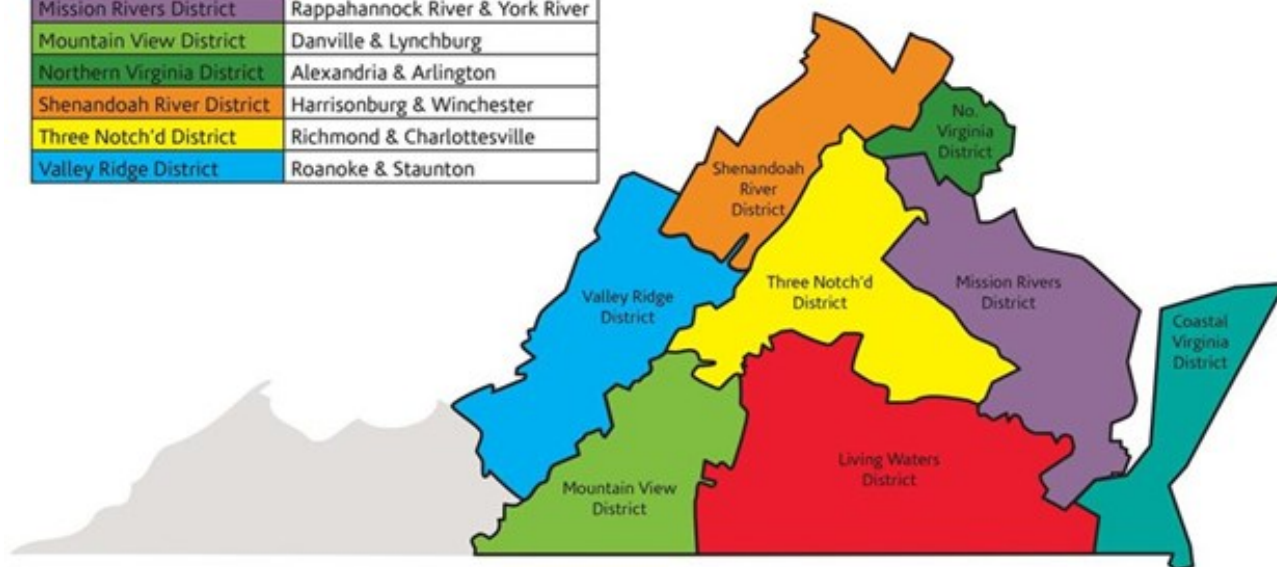
18,811 Kits collected Value of \$303,569

12611 Lbs Food Collected Shared with the community among the districts

\$140,000 Annual Conference Offering Still counting and updating



NEW DISTRICT	FORMER DISTRICTS
Coastal Virginia District	Eastern Shore & Elizabeth River
Living Waters District	Farmville & James River
Mission Rivers District	Rappahannock River & York River
Mountain View District	Danville & Lynchburg
Northern Virginia District	Alexandria & Arlington
Shenandoah River District	Harrisonburg & Winchester
Three Notch'd District	Richmond & Charlottesville
Valley Ridge District	Roanoke & Staunton



Boundaries of new VAUMC districts outlined

July 8--Following the vote of the Annual Conference on Friday, June 17, 2022, that set the number of districts to eight effective July 1, 2022, in keeping with Paragraph 415.4 of the 2016 UMC *Book of Discipline*, and in consultation with the Cabinet, the boundaries of the new districts shall be as follows, effective July 1, 2022: *The exterior boundaries shall be the combined boundaries of their former constituent districts in their bi-district configurations (which were established July 1, 2021), with the dissolution of the interior boundary of the former paired districts, to form eight new districts as shown below both in table and map.*

These districts shall be served by the eight district superintendents as listed at the link: <https://vaumc.org/newdistrictboundaries/>

Heart Havens is Growing!

Thanks to your donor support and the need for services for people with a developmental disability, Heart Havens is expanding by adding a new home in Virginia Beach.

Post Oak, our newest home, is a four-bedroom home that features an open floor plan, ramps and accessible bathrooms. It is also close to our current Macleigh-Holland home so that there will be instant community between the homes.

We are raising funds to cover capital costs associated with renovations and preparing the home to pass licensing inspection. This cost includes replacing appliances, purchasing furniture, installing a home generator, repairs recommended by the home inspection and health and safety additions such as AEDs and hand rails.

Would you join us to help reach our goal of \$100,000 to fully prepare and furnish the home to begin serving the community? https://heart-havens.networkforgood.com/projects/164886-post-oak-opening?utm_campaign=dms_email_blast_1987389



Heart Havens

We need your help for expansion in the Virginia Beach area. Our goal is \$100,000 to fully prepare and furnish the newly purchased Post Oak home to begin serving the community.

Prayer Concerns

Prayers

Abby	Craig Savage	Jeff and Laura Moore	Nancy Companion
Amy and TJ	Dave Bisacre	Jeff Birdsall	Nina Winfree
Baby Grayson	David	Jeremy Knight	Noah
Barbie Holland	David Williamson	Jim McKirdy's brothers	Patty Bumgarner
Ben Stanley	Deb	Joella	Pete Stone
Betsy Pinder	DeJohn	John Miller	Ray and Sylvia Krisnow
Bill Lauder	Don and Pat Brookman	Jonnie Sowers	Ray Dameron
Bill Mee	Dorothy	Joseph Gilday	Stacy
Bridget Norris	Doug	Josh and Lauryn	Susan Nichols
Bud and Joyce D'Bene	Dylan	Judi Hines	Terry Lynn Harbuck
Buddy Carlisle	Frank Fishburn	Karen Bowers	Todd Stern
Caleb Coates	Freta Lamb	Kath	Wanda and JoAnn
Carolyn Ellington	Grace Burnell	Kelly Phillips	Wayne and Judy
Charlie	Grace Hall	Kenny Crocker	Zach
Chris/Anne Companion	Hagan Lineberry	Lucy Stowe	Zach Perkins
Contantine Mbarku	Helen Cope	Marion Stone	Zeb Cope
	Jackie Phillips	Mason Allen	

Christian Sympathy goes to:

The family of Sue Phillips on her death.

The family of Eric Mitchell, who passed away unexpectedly.

Jeanne Lineberry's neighbors who lost loved ones.

Lynnette Scalzi and family on the death of her brother, Dan Conard.

Glory Sightings

Sylvia Krisnow- Pat and Amy and I saw Ann McGrath. Donna Turley- At Annual Conference I enjoyed seeing the sign language volunteers using their gifts. Dale Stumpf- God of Wonder- seeing the planets and moon all in alignment. Becky Morris- Seeing Elaine Hudgens. Nancy Gumbert- All the love and support from everyone after the loss of our cat, Wesley. Lynnette Scalzi- Going to the Living Museum with my grandchildren and learning how important pollination is. Jerry Sowers-family reunion and my church family, being with my blood family and church family was a nice end to the day. Jeanne Lineberry- Attending our family reunion and sharing time together. While at a doctor's appointment shared a holy spirit conversation with another patient. Praying with a neighbor's family who was taken to the hospital. Mike Nelson- Families being able to worship away from church. There are 10 families on Facebook and 2 on Zoom. Judi Hines- Being able to worship from afar. Thanks for all the texts, calls and cards. Rosemary Bensted- Today was her last day in the Air Force. Prayers as she prepares to start nursing school. Jeanne Lineberry- Being on vacation and taking care of my 3 grandchildren and 2 puppies. Knowing to cherish the time we spend with family. Travel mercies. Pastor Gretchen- Help us to see and be neighbors to others. Wrap us up in Your love to be the offering and reflection of Your Grace. Give us the patience to wait for answers to the prayers we lift to You. Chris Companion- Anne's fund raiser for donations to help local animal shelters. Jeanne Lineberry- Taking care of my son's neighbor's puppies and spending time with my grandchildren. Mike Nelson- The blessing of us having clean water – but prayers and taking action for those who don't have clean water. Tom Fickett- While visiting in Maine we attended a small church built in the 1800's. Learning the history of the church. Pastor Gretchen- Celebrating our anniversary. Being in a relationship that we can work together as one but help each other to be strong individuals. Nancy Gumbert- Celebrating her mother's birthday singing "On Eagles Wings." One of her mother's favorite songs. Lynnette Scalzi- Hearing the musical talents of Ron Fetner on Friday night at Tide-water Friends of Acoustic Music.

Praise God from Whom Our A. C. Flows

A Song for the Church Blessed with Both Air Conditioning and a Sense of Humor

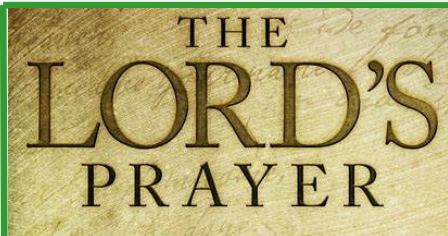
Linda Bonney Olin, 2018

Geistliche Kirchengesänge, 1623; harm. Ralph Vaughan Williams, 1906
(LASST UNS ERFREUEN)

The musical score is written for voice and piano. It features a key signature of one sharp (F#) and a 3/4 time signature. The melody is simple and hymn-like, with lyrics written below the notes. The lyrics are: 'Praise God from whom our A. C. flows! Praise God for pews where cool air blows! Alleluia! Alleluia! Worship with us in comfort sweet, in summer's most oppressive heat! No more sticking to your seating! Alleluia! Alleluia! Alleluia!' The score includes a piano introduction and a final chord.

Praise God from Whom Our A.C. Flows

Praise God from whom our A.C. flows! Praise God for pews where cool air blows! Alleluia! Alleluia! Worship with us in comfort sweet, in summer's most oppressive heat! No more sticking to your seating! Alleluia! Alleluia! Alleluia!



I offer to you a few of the variations of The Lord's Prayer I've been honored to encounter. May they bring blessings to your faith and prayer life. May they inspire your expressions of this disciple's prayer.

In Christ,
Pastor Gretchen

In Christ,
Pastor Gretchen

and close enough to carry each of us like a father cradles his child next to his heart. May your sacred name be praised! May your realm extend, a commonwealth of mercy, peace and justice. Your love knits all created nature into one whole. Your will for us always is love; and so we pray:

May your love be done on earth, in time, as it is in eternity.

Give all of us each day the bread we need, and hope to all who hunger for your life.

And as we share our bread along the way, pardon us the times we've broken faith.

Forgive our lack of loyalty and love;

and move us quickly to forgiveness when wrongs are done to us.

Do not abandon us in the time of hard testing.

Save us from evil's every incarnation,

From the powers that possess our spirits and our structures.

Forever bind us to your liberating joy!

For you alone are God of grace and glory, and Rock of our Redemption.

Let it be so, God, let it be so. Amen.

~ from the *New Zealand Prayer Book*. <http://anglicanprayerbook.org.nz/>

Lord's Prayer Paraphrase: Beloved

(inspired by Matthew 6: 9-13, Luke 11: 2-4)

Beloved, our Father and Mother, in whom is heaven, hallowed be your name, followed be your royal way, done be your will and rule, throughout the whole creation. With the bread we need for today, feed us. In the hurts we absorb from one another, forgive us. In times of temptation and test, strengthen us. From trials too great to endure, spare us. From the grip of all that is evil, free us. For you reign in the glory of the power that is love, Now and forever. Amen.

~ from *Human Rites: Worship Resources for an Age of Change*, by Hannah Ward and Jennifer Wild (Mowbray, 1998). <http://www.amazon.ca/Human-Rites-Worship-Resources-Change/dp/0264673344>

The Lord's Prayer: New Zealand Prayer Book

(inspired by Matthew 6: 9-13, Luke 11: 2-4)

Our creator God, Ancient of Days, Holy Mother of all worlds and living souls: Your arms, that once flung galaxies of stars like grains of sand, are open wide,



July 3—Independence Day Breakfast





Above Left—Ron Fetner—Tidewater Friends of Acoustic Music July 22
Above Right and below—True Spirit Bluegrass Gospel July 10



Cynthia Campbell and Sheree Yoder blessing Worship in June



**Above: Sages at Charlotte's in
Newport News on July 27**



**Left: Stew and Jean Bowden
Celebrating their 63rd Wed-
ding Anniversary**

Prayers of the Cosmos: The Lord's Prayer
(inspired by Matthew 6: 9-13, Luke 11: 2-4)

O Birther! Father-Mother of the Cosmos
Focus your light within us—make it useful.
Create your reign of unity now—
through our fiery hearts and willing hands.
Help us love beyond our ideals
and sprout acts of compassion for all creatures.
Animate the earth within us:
we then feel the Wisdom underneath supporting all.
Untangle the knots within
so that we can mend our hearts' simple ties to each other.

Don't let surface things delude us,
but free us from what holds us back from our
true purpose.
Out of you, the astonishing fire,
returning light and sound to the cosmos.
Amen.

~ written by Neil Douglas-Klotz, in *Prayers of
the Cosmos*. [http://www.amazon.com/Prayers-
Cosmos-Meditations-Aramaic-Words/
dp/0060619953](http://www.amazon.com/Prayers-Cosmos-Meditations-Aramaic-Words/dp/0060619953) Posted on **The Nazarene Way
of Essenic Studies** website. [http://
www.thenazareneway.com/lords_prayer.htm](http://www.thenazareneway.com/lords_prayer.htm)



United Women in Faith Meeting July 25th. Nancy Gumbert demonstrated how to make Baklava

Birthdays and Anniversaries

1	Chun Saxton	25	Charlie Morris
2	Nita Hartung		Jim Manner
3	Christopher Coccimiglio	26	Sara Paxton
	Michael Saylor, Sr.	28	John Anthony Coccimiglio
6	Sarah Snow	31	Monica Smith
	Amy Stanley		
7	Valerie Coia (Holland)		
12	Andrew Williamson		
	Michael Saylor, Jr.		
13	Daphney Rose (Lutes)		
	Nas'Mir Francis Abdullah		
14	Adam and Sarah Flowers (2010)		
16	Judi Hines		
	Rachel Paxton		
19	Christopher Freshour		
	Greg Paxton		
22	Roger/Sharon Howell (1975)		
23	Joe Coccimiglio		
	Justin Johnson		
	Nancy McPhail		



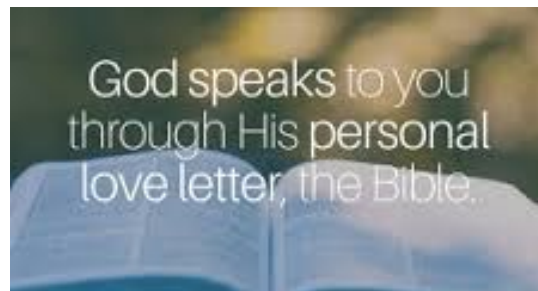
Lectionary Readings

AUGUST 07 | 9th Sunday After Pentecost **(Green)**
Isaiah 1:1, 10-20; Psalm 50:1-8, 22-23 (UMH 783); Hebrews 11:1-3, 8-16; Luke 12:32-40

AUGUST 14 | 10th Sunday After Pentecost **(Green)**
Isaiah 5:1-7; Psalm 80:1-2, 8-19 (UMH 801); Hebrews 11:29-12:2; Luke 12:49-56

AUGUST 21 | 11th Sunday After Pentecost **(Green)**
Jeremiah 1:4-10; Psalm 71:1-6 (UMH 794); Hebrews 12:18-29; Luke 13:10-17

AUGUST 28 | 12th Sunday After Pentecost **(Green)**
Jeremiah 2:4-13; Psalm 81:1, 10-16 (UMH 803); Hebrews 13:1-8, 15-16; Luke 14:1, 7-14



Tidewater Friends of Acoustic Music Presents:


Roy Ira Moats

Singer and Song Writer

August 26 at 7 PM

Suggested Donation \$5

Snacks will be available for purchase

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 7:00pm Metal Detector Club - Fellowship Hall	2	3 6:00pm Big Book Topic Group (AA)	4	5	6
7 9:00am Sunday School 10:00am Worship Service In-person, Zoom and Facebook live 7:00pm NA Recovery Group	8	9 6:30pm Leadership Board Meeting	10 6:00pm Big Book Topic Group (AA)	11	12	13
14 9:00am Sunday School 10:00am Worship Service In-person, Zoom and Facebook live 7:00pm NA Recovery Group	15	16	17 6:00pm Big Book Topic Group (AA)	18	19	20
21 9:00am Sunday School 10:00am Worship Service In-person, Zoom and Facebook live 7:00pm NA Recovery Group	22 6:30pm UMW	23	24 12:30pm Sages-- County Grill 6:00pm Big Book Topic Group (AA)	25 Newsletter Deadline	26 7:00pm Tidewater Friends of Acoustic Music - Roy Ira Moats	27
28 9:00am Sunday School 10:00am Worship Service In-person, Zoom and Facebook	29	30 6:00pm Men's Bible Study	31 6:00pm Big Book Topic Group (AA)	1	2	3

Our Calendar is updated daily!
Please go to our website for a current calendar
<http://www.hamptonwesley.org>

Wesley United Methodist Church

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Prepared with love especially for:

RETURN SERVICE REQUESTED



Identity: *Who do we say we are?*

The United Methodist Church is a global, diverse church.

“United Methodists all over the world are liturgical, contemporary, charismatic, social activists, urban, suburban, small town, rural and much more. We are children, youth, young adults, senior adults, new and mature Christians. We are present on four continents, in more than 45 countries, and we comprise an unknown number of cultures and languages, all under the cross and the flame.”

- 12 million members on 4 continents, in more than 45 countries
- Local churches: 30,500 (U.S.); 12,800 (Central Conferences)

Overall giving for year-to-date has risen from \$36M in 2021 to \$38M so far in 2022.

https://www.resourceumc.org/en/churchwide/the-connectional-table/2021-state-of-the-church-report?utm_source=the%20source&utm_medium=email&utm_campaign=resourceumc&utm_content=annual07/26/2022&mkt_tok=MDc4LUUpYUS02NDMAAAGF2VpY6XIMBJchyWOG-VCgVrH9pzEikMLGDGkfd2kGRcrDRIZWY8JbUi0_70D5iy0Mzr--8b-Gl4wGHM6P0cbjvfdHI5CAIz-43EHZtEQLDE9yEAA

