

July

Wesley United Methodist Church

Wesley Tidings

July 2022

Volume 13 Issue 7

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Pastor's Ponderings

Entering July brings celebrations for national freedom, national identity, and national pride. It is a time to honor our national origin story, exploring it from many facets with honest, hopeful truth. As people of faith, followers of Jesus, we bring a notable perspective to understanding freedom. For Christians, freedom is uniquely connected to Jesus' life, teaching, and resurrection. God incarnate, embodied love, shows us what true freedom looks like. As a relationship filled with compassion, courageously connecting lives together in fullness.

Jesus redefines freedom through a lens of redemptive love. Through parable and exemplar action Jesus points us to freedom as a way of life — oriented toward divine presence in every moment, looking to live God's promises in contrast to rigorous legal pursuits. Jesus gives freedom to connect with all people without fear. Jesus offers a way of freedom to act with kindness for God's glory. We are set free so that God's seeds of holy spirit fruit can germinate, take root, and flourish under all life's circumstances. Let us celebrate freedom in Christ to live with abandon toward growing, producing, and bearing spirit fruit abundantly. As we celebrate national history, may Jesus influence how we embody holy freedom to do justly, love mercy, and walk humbly with God (Micah 6:8).

"For you were called to freedom, brothers and sisters; only do not use your freedom as an opportunity for self-indulgence, but through love become slaves to one another. For the whole law is summed up in a single commandment, 'You shall love your neighbor as yourself.' If, however, you bite and devour one another, take care that you are not consumed by one another. ... Live by the Spirit... the fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control." — Galatians 5:1-26 (selected verses)

Blessings, *Pastor Gretchen*



True Spirit Bluegrass Gospel Band

True Spirit will be making their annual appearance at Wesley on **Sunday, July 10th at 6 PM.**

As has been the tradition in recent years, an ice cream social will follow their performance. Wesley members are asked to bring ice cream toppings for the event even if you won't be attending the event.



Please support these events by attending and by helping spread the word in your workplace and in your communities.

A love offering will be taken to support their ministry. In addition, they will have CDs and other merchandise available.

For additional information, contact Charlie Morris at 757-897-7715.

Red Cross Blood Drive



Red Cross Blood Drive will be held on Monday, July 11, 2:00-7:00 PM, Fellowship Hall. Please donate if you can. Help is also needed to greet donors as they arrive. There is a sign-up sheet on the bulletin board. You can also email or call the church office.

Tidewater Friends of Acoustic Music Presents:

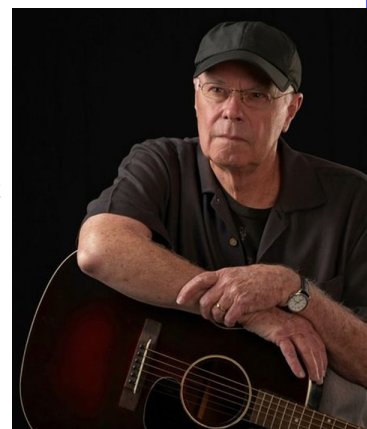
Ron Fetner

July 22, 2022 at 7 PM

Ron Fetner's songs combine southern roots, soulful songwriting with contemporary folk storytelling. This musical path led to wins at the prestigious Kerrville (TX) NewFolk, 2x Gold Winner Mid-Atlantic Song Contest (Songwriter Association of Washington, DC), and awards at Merlefest's Chris Austin Song Contest, and Austin (TX) Songwriting Group. Performances at Kerrville, MerleFest, South Florida Folk Festival, Falcon Ridge Festival, Blue Bird Cafe and the Tucson Folk Festival, among others.

<https://ronfetner.com/home>

\$5 suggested donation for performer
\$5 suggested donation for refreshments



Appointments Fixed Pastor Gretchen and Mike Nelson return to Wesley UMC



During the Clergy Session of the Virginia Annual Conference in which the administrative requirements to license, approve ordination, approve leaves, and retire clergy for the Conference year. At the close of this session, Bishop Lewis “fixed” the appointments, meaning they are set for the coming year. Pastor Gretchen has been returned to Wesley UMC for the 7th year of ministry together with the people of this community.

We are Blessed to have Pastor Gretchen and Mike Staying at Wesley!

COUNTER SCHEDULE JULY/AUGUST

JULY

3—Mary Saylor/Pat Fitzgerald
10—Pat Fitzgerald/Becky Morris
17—Becky Morris/Amy Stanley
24—Amy Stanley/Stephanie Eitzen
31—Stephanie Eitzen/Clyde Gumbert

AUGUST

7—Clyde Gumbert/Renee Arnold
14—Renee Arnold/Zach Eitzen
21—Zach Eitzen/Amy Stanley
28—Amy Stanley/Mary Saylor

Contact Amy Stanley for questions or any changes.



Chair Yoga

Tuesdays and Thursdays

9:30 AM

Fellowship Hall

Contact person, Pat Fitzgerald

Men's Bible Study

Tuesdays at 6:00 PM

John Phillips Classroom



This will be throughout the summer.

2nd Quarter Financial Statements

The Second Quarter Giving Statements will be on the Information Counter next to the Sanctuary July 3-31. You can see your giving statements online at <https://onrealm.org/WesleyUnitedMet/SignIn> or pick yours up at Church (if during office hours, call first to be sure Sylvia is there, 838-3044). If you want me to mail or email your statement to you, just let me know. Please review your statement and let me know if you have any questions - Kathann Montague, Financial Secretary, 757-722-8744, kdm8989@cox.net

4th of July Breakfast

On Sunday, July 3rd, at 9:00 AM, we will have a breakfast in the fellowship hall prior to the 10:00 AM Worship Service.

Please bring a breakfast item to share.

All are Welcome!



INDEPENDENCE DAY

Wesley's Mother's Day Out Program

Wesley's Mother's Day Out Program is a mission outreach program for 2 year olds to 5 years old.

We have a 2 day program (Tuesday and Thursday—\$175 monthly), a 3 day program (Monday, Wednesday, and Friday—\$225 monthly) and a 5 day (Monday-Friday—\$275 monthly) plus a \$65 nonrefundable registration fee. We have 2 classes that meet each day from 9:00-12:30 p.m. There is also a one time supply fee of \$150.

The program follows the Hampton City School System Calendar beginning on the Tuesday after Labor Day to Friday before Memorial Day.

Please tell all your friends about this wonderful program!

Registration forms are available in the church office during regular office hours and on the church website.

Program director, Laurie Burt (757) 508-7196 or email at wesleyhptmdo@gmail.com



Joyfully Mediocre—Summer blessing series

Sign up to receive a blessing in your inbox each week this summer



From the author of our Lenten study, Kate Bowler comes this seasonal gift:

“We need these summer months to renew us, but so many of us are spread too thin and, frankly, exhausted by all we have to continue to bear up. We need rest, and we may not know where to find it.

This summer, I'll be sending out a blessing every Wednesday to your inbox. A few prayerful words that might offer you space to speak honestly about how beautiful and terrible our regular days can be. Perhaps, we might find a minute to be human together. In our hopes for a summer that doesn't stress us out more. And in the real days that ask a little too much of us anyway.”

Sign up at: https://katebowler.com/newsletter/?mc_cid=bda2cc3e26&mc_eid=c4b227292a

Thank you Conference Volunteers!

On behalf of the people of the former York River District, our District Lay Leader, laity, and clergy, and in my name, we would like to express our sincere thanks and appreciation to each of you for the level of support you gave us in hosting the 240th Annual Conference. There is a 'first' to everything, and this year was my first time hosting an Annual Conference as a District Superintendent. It would not have been successful without your dedication, commitment, prayer, and support. We witnessed the "connection" at one of its best moments.



Even though it was at the eleventh hour when the final appeal went out, volunteers from across the connection signed up. Thanks for your prayers and support of our shared ministry.

Blessings to you!

Rev. Charles F. Ledlum-Bates, PhD

District Superintendent Rappahannock & York River Districts of the United Methodist Church

#STILLINMISSION

In this monthly virtual event, hear firsthand experience from missionaries about their call to mission and the communities they serve.

Join us on July 7, 7 P.M. (ET)
for conversations with missionaries:



Belinda Forbes
Liaison for Faith and Health Partnerships
Fundacion AMOS Salud y Esperanza
Latin America Caribbean
Advance #121092



Cenaya Ward-Johns
Resident Director and Community Organizer
Wesley Foundation of Kalamazoo
United States
Advance #3022663



Ronald Julian
Ministry Chaplain
International Seafarers
Japan
Advance #3021881



Elizabeth Nichols
Executive Direction of the Jubilee Project
United States
Advance #982953

REGISTER

Global Ministries
The United Methodist Church

To register: <https://gbgm.zoom.us/meeting/register/tJcodu6ppjkqGtxwqGHdOwxXAOB4P004jE5t>

You attended AC 2022: What's next?



Lay members to Annual Conference may be wondering how best to report on the annual session to their local churches.

An overview Annual Conference report is now available at https://vaumc.org/wrap-up-2022-virginia-annual-conference-united-as-one-in-worship/?utm_source=mailpoet&utm_medium=email&utm_campaign=e-Advocate%2C+June+21%2C+2022

As well individual session wrap-ups can be found at https://vaumc.org/category/ac-2022-news/?utm_source=mailpoet&utm_medium=email&utm_campaign=e-Advocate%2C+June+21%2C+2022

The conference Flickr has pictures from throughout the event. Additional pictures will continue to be added throughout this week. https://vaumc.org/category/ac-2022-news/?utm_source=mailpoet&utm_medium=email&utm_campaign=e-Advocate%2C+June+21%2C+2022

The livestream of the event can be viewed at the conference Vimeo page. *Please note that the IT Department is still working on breaking apart video sections: creating chapters and breaking apart videos into shorter topic videos. Some links may contain lengthy segments of music and video as they are shown between sessions. Final versions of each session will be made available as soon as possible.*

A wrap-up video of the event will be shared by the Communications Office soon.

Join the denomination in sharing why you are #BeUMC



#BeUMC honors the core values that connect the people of The United Methodist Church (The UMC). This grassroots campaign <https://www.umc.org/en/who-we-are/our-people/beumc>, built upon powerful stories of congregations and people living their faith, celebrates what draws us to The UMC and what we aspire to be. The UMC is founded on a Wesleyan theology of grace, anchored in Scripture, and based in the life and teachings of Jesus Christ and the continuing movement of the Holy Spirit.

The full story of The UMC reflects all of our interwoven experiences. Consider our common roots and your answer to the question, "Why am I United Methodist?" Then, post a video, photo or written testimony on your preferred social media platform – don't forget to use the hashtag #BeUMC.



Left-Kevin Barry—Harmony House
Above-Pentecost Fellowship



Above:
Lillian Hale's
18th Birthday
Celebration
Left-Father's Day
Service



Happy 56th Wed-
ding Anniversary
to Charlie and
Becky Morris





Sages at Napoli'e Ristorante in Carrollton on June 22nd. Next month meeting will be announced.

Prayer Concerns

Nina Winfree
Patty Bumgarner
Pete Stone



Abby
Baby Grayson
Barbie Holland
Ben Stanley
Betsy Pinder
Bill Lauder
Bill Mee
Bridget Norris
Buddy Carlisle
Caleb Coates
Carl and Patsy Morrison
Carolyn Ellington
Cathy Williamson
Charlie
Craig Savage
Crystal Radford
Dave Bisacre
Deb
DeJohn
Don and Pat Brookman
Dorothy
Dylan
Eli Sweeney
Erik and Ian Waters
Frank Fishburn
Freta Lamb
Grace Burnell
Hagen Lineberry
Jackie Phillips
Jeanne Lineberry
Jeff and Laura Moore
Jeff Birdsall
Jeremy Knight
Joella
John Miller
Jonnie Sowers
Joseph Gilday
Karen Bowers
Kath
Kenny Crocker
Libby Wright
Lucy Stowe
Marie Bard
Marion Stone
Mason Allen
Nancy Companion

Stacy
Susan Nichols
Todd Stern
Wayne and Judy
Wayne Posey
Zach Perkins
Zeb Cope

Concerns: Prayers for all those who are suffering from medical issues, awaiting test results and diagnosis. Our world and the horrors of war and death that people are suffering from. Be with all the families grieving the loss of children and teachers in the mass shooting in Texas. Prayers for all the graduates and their families as they start a new journey. Travel mercies for those on the road. Prayers for Annual Conference. All those who are attending and working together. Prayers for all those who are in health care facilities and those giving them care. Those undergoing surgeries and medical procedures.

Glory Sightings and Joys: Jack Rezabek- Received his disability benefits from the VA. Zeb Cope's lab numbers have been better than in a long time. Tom Fickett- Ring of grass in the front yard measures 16 feet across and is still visible. A true gift from God.

Jerry Sowers- TFFAM was a blessing to the mother of one of my students who had lost her husband and his father. She was touched by one of the songs written by Tina Micula about the loss of her sister.

Becky and Charlie Morris- Celebrating 56 years of marriage.

Lynnette Scalzi- Sharing the Kecoughtan parade for the graduating class with my grandson, Justin. Seeing all the graduates enjoying this special time together. Jeanne Lineberry- Sharing conversations about God with co-workers brings me such joy. Spending time of my grandchildren this summer. Charlie shared a limerick her wrote for

Becky's birthday. Becky being surprised by the poem and the altar flowers. Watching last week's message on Facebook and enjoying Ed's message and seeing Charlie and Becky share their anniversary poems with the congregation. Mike Nelson- Special thanks to Dale and Clyde for working to get the slides from the screens onto Facebook for all to enjoy. Harmony House music was a blessing to all who attended. Kevin Barry shared how the music he played brought him back to God and church. Seeing Caroline in person at church today. Mary Bayless- Having her two great-grandchildren visiting. Sherree Yoder- Thank you to her Wesley family for the cards and messages of encouragement and healing as her recovery continues. Ten families online this morning. Cynthia and Sherree's musical offering of "How Great Thou Art". Thanks be to God for being with us, in us and walking beside us each day. The musical talents and gifts of our congregation that are shared with us in and out of church. Lynnette Scalzi- Celebrating my grandson Justin's graduation from high school with friends and family. Cynthia and Sherree sharing music that was favorites of their father. The congregation sharing their favorite hymns in the sing-along. Carol Hale- Praise to God for Lillian celebrating her 18th birthday today with her church family.

Christian Sympathy:

Lynnette Scalzi and Vicky Moyer's neighbor Margie who passed away.

Karen Lee and family on the loss of her son-in-law. The family of Christine Atwell on her passing. Dale Stumpf and family on the passing of his uncle.

With Heartfelt Sympathy





Save the Date!

August 5-6, 2022
Lay Servant Academy
Training Weekend
Hybrid Event!
In-Person and online

Virginia Conference Center
Glen Allen, VA 23060

Registration Coming Soon!

Tianna Durbin, Director of Lay Servant Academy
TiannaD@arcolachurch.org



Register for Festival of Wisdom & Grace at Lake Junaluska

Lake Junaluska is once again hosting the Festival of Wisdom & Grace at Lake Junaluska from **Monday, August 1 to Thursday, August 4**. This annual conference features worship, workshops, recreation, learning, entertainment and fellowship. This year, explore how to find "Rest, Renewal, and Delight." Keynote speaker is Matthew Sleeth, MD, executive director of Blessed Earth, who will talk about ways to maintain mental health, and Bishop Ken Carder, author of "Ministry with the Forgotten: Dementia Through a Spiritual Lens," will be the festival preacher. A concert with Emmy-nominated Marty Goetz, whose acoustical/classical arrangements have been described as "scriptures beautifully set to music."

<https://lakejunaluska.com/spiritual-renewal/adult-ministry/festival-of-wisdom-and-grace/>



GLORIA DEI
cantores

God & Country

Works by Copland, Thomson,
Parker, Wilhousky, Adler, Ives

SATURDAY, JULY 2

7:30 PM EST

In-Person & Livestreamed

CHURCH OF THE TRANSFIGURATION
ROCK HARBOR, ORLEANS

508-240-2400

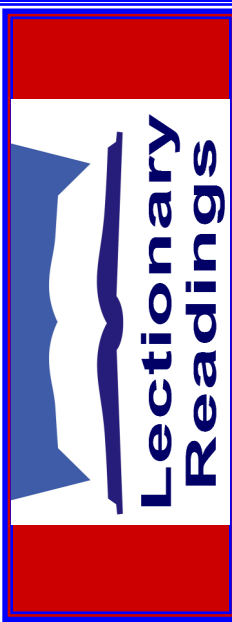
gdcchoir.org



From Pastor Gretchen—This is an amazing choral group. Should be beautiful.

To livestream this event go to
(Tickets \$15):

<https://www.eventbrite.com/e/gloria-dei-cantores-in-concertlivestream-tickets-355152489657>



JULY 03 | 4th Sunday After Pentecost
(Green) 2 Kings 5:1-14; Psalms 30 (UMH 762); Galatians 6:(1-6) 7-16; Lk 10:1-11, 16-20

JULY 10 | 5th Sunday After Pentecost
(Green) Amos 7:7-17; Psalms 82 (UMH 804); Colossians 1:1-14; Luke 10:25-37

JULY 17 | 6th Sunday After Pentecost
(Green) Amos 8:1-12; Psalms 52 or Ps 82 (UMH 804); Colossians 1:15-28; Luke 10:38-42

JULY 24 | 7th Sunday After Pentecost
(Green) Hosea 1:2-10; Psalms 85 (UMH 806); Colossians 2:6-15 (16-19); Luke 11:1-13

JULY 31 | 8th Sunday After Pentecost
(Green) Hosea 11:1-11; Psalms 107:1-9, 43 (UMH 830); Colossians 3:1-11; Luke 12:13-21



Birthdays and Anniversaries

1	Doug Gallaer		Corey Parrish (custodian)
	Marissa Parks	27	Donna Ward
	Andrew Scalzi	28	Pastor Jason Snow
	Joseph and Amber Turek (2007)	30	Megan (McKinney) Hanson
5	Patsy Morrison	31	Lori (Bryant) Vasquez
8	Chris/Anne Companion (2000)		
10	Linda Boyd		
14	Annie Hudgens		
	Trey/Emily Taylor (2007)		
19	Ezra Eitzen		
20	Stew/Jean Bowden (1957)		
22	Mike/Pilar Evans (1988)		
	Mike/Gretchen Nelson (1995)		
23	Angela Taylor		
25	Connie Bryant		



The United Women in Faith News:

Post from United Women in Faith: United Methodist Women is now United Women in Faith! The move is part of a refreshing of the organization that includes a new logo and an array of new and improved programs to nurture current members and welcome new women to join to put their love in action on behalf of women, children, and youth. <https://uwfaith.org>

The organization announced the new operating name in the March-April edition of response, its bimonthly magazine for members, and launched the rebrand with a new website and Face Book event March 3.

The new programs are fruits of research conducted over the past five years with more than 24,000 United Methodists and women of other Christian traditions participating in the surveys, focus groups and interviews. This input informed the prayerful discernment of staff and elected leaders.

The changes are designed to address the different needs and life stages of current members and new women and expand options for membership and engagement. The new name also aims to welcome current members whose local churches may choose to disaffiliate from The United Methodist Church as well as women of other faith traditions who want to join.

<https://www.facebook.com/uwomenfaith> <https://www.facebook.com/hashtag/uwfassembly>

<https://www.flickr.com/photos/umwomen> Pictures from United Women in Faith Conference in Orlando

Ladies, I am looking for input in what we can do this summer. Options, regular meeting at Wesley or a field trip (suggestions appreciated) or even just meet for a meal. Please let me know what ideas you have!

Nancy Gumbert, UWF President



Mary Levin Bible Study and UWF Salad Supper held at Carol Hale's home on June 8th.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3 9:00am 4th of July Breakfast 10:00am Worship Service In-person, also on Zoom and Facebook	4 4th of July	5 9:30am Chair Yoga 6:00pm Men's Bible Study	6 6:00pm Big Book Topic Group (AA)	7 9:30am Chair Yoga	8	9
10 9:00am Sunday School 10:00am Worship Service In-person, also on Zoom and Facebook 6:00pm True Spirit Bluegrass Gospel Band	11 2:00pm Red Cross Blood Drive - Fellowship Hall	12 9:30am Chair Yoga 6:00pm Men's Bible Study	13 6:00pm Big Book Topic Group (AA)	14 9:30am Chair Yoga	15	16
17 9:00am Sunday School 10:00am Worship Service In-person, also on Zoom and Facebook	18 7:00pm Metal Detector Club - Fellowship Hall	19 9:30am Chair Yoga 6:00pm Men's Bible Study	20 6:00pm Big Book Topic Group (AA)	21 9:30am Chair Yoga	22 7:00pm Tidewater Friends of Acoustic Music - Ron Fetner	23
24 9:00am Sunday School 10:00am Worship Service In-person, also on Zoom and Facebook	25 6:30pm UMW	26 9:30am Chair Yoga 6:00pm Men's Bible Study	27 12:30pm Sages 6:00pm Big Book Topic Group (AA)	28 9:30am Chair Yoga	29	30
31 9:00am Sunday School 10:00am Worship Service In-person, also on Zoom and Facebook				4	5	6

Our Calendar is updated daily! Please go to our website for a current calendar.

WEBSITE: <http://www.hamptonwesley.org>

Wesley United Methodist Church

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RETURN SERVICE REQUESTED



Prepared with love especially for:



Podcast shares more about preaching & trauma

In the Worship Matters Podcast from Discipleship Ministries, Dr. Derek Weber, Director of Preaching for the Worship Team, meets with Dr. Kimberly Wagner of Lutheran School of Theology in Chicago to talk about her work in trauma and preaching. Wagner share more about understanding what trauma is and what it does to individuals and communities, and gives suggestions to preachers on how to preach both trauma-responsive and trauma-informed sermons.

“Trauma often takes away language,” Dr. Wagner said. “The preacher can help give individuals and the community words to express their grief and the impact of trauma. Giving permission, but also blessing their pain.”

Listen to this fascinating conversation and then go read more of her writing at preachingandtrauma.com. Dr. Wagner also has a book coming out in January of 2023.

https://www.umcdiscipleship.org/articles/worship-matters-episode-66-preaching-trauma-with-the-rev-dr-kimberly-wagner?utm_source=Discipleship+Ministries+Email+Newsletters&utm_campaign=01b7aa0484-Equipping+Disciples+8%2F5%2F21_COPY_01&utm_medium=email&utm_term=0_f939527158-01b7aa0484-416655264&mc_cid=01b7aa0484&mc_eid=a7e89ae82d