

Volume 13, Issue 3 March 2022

## Wesley Tidings

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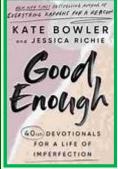
## Pastor's Ponderings

Entering into a fresh liturgical season of Lent will unfold 40 days of renewal, refreshment, re-energization, recasting a vision to fish for people. Throughout these days there will be opportunities for prayer, fasting, Bible study, holy conversation, fellowship, worship, and service. Plan and prepare for a holy Lent — drawn into relationship with our living Lord. As the earth awakens into spring, let hearts, minds, and spirits awaken anew to the beauty and wonder of resurrection. Through the theme and study *Good Enough*, this year's journey offers God's blessed welcome into wondrous lovingkindness. Wherever you find yourself, spend this 40 days honoring all God has created you to be, as you are. How will you invest time this season on the way with Jesus?

#### Blessings, Pastor Gretchen

Lent begins March 2nd with the observance of Ash Wednesday at 7 PM. Come for a time of prayer, worship, and setting an intention for this holy journey with God and one another. In person and Facebook Live 7 PM.





Lent Bible Study and spiritual formation group will engage new devotional book by Kate Bowler, *Good Enough*. Time for holy conversation, deep dives, and scriptural exploration will be Sunday afternoons in Lent at 4-5:30 PM. All are welcome. By Zoom and potentially in person option. Contact the church office to reserve your copy of *Good Enough*. Help cover the cost \$15.

Discover more about this devotional and follow the author on social media during Lent at <a href="https://katebowler.com/good-enough/">https://katebowler.com/good-enough/</a>

Midweek, Midday prayer. Every Wednesday in Lent. Noon in person and on Facebook Live. Beginning March 9th.

Resources our spiritual formation this Lent: Upper Room Ministries

#### THE UPPER ROOM

https://www.upperroom.org/resources/lent-101

Missional Wisdom

https://www.missionalwisdom.com/formation





UMC Rethink Church

https://www.umc.org/en/content/lent-photo-aday-2022



#### **Holy Week**

Palm Sunday - April 10 AM Worship online and inperson

Maundy Thursday - April 14 Good Friday - April 15 Holy Saturday - April 16



#### Easter -April 17

Sunrise Service In-Person. Outside. TBA In-Person and Online Service of praise and Resurrection 10 AM

Flowering of the cross - all day - Bring clippings and special flowers to witness to new life in Jesus and



#### The Wesley UMC Virtual Pancake Supper

Tuesday, March 1<sup>st</sup>, on Zoom (TBA)

Sign up to pick up a pancake supper kit at church on Sunday February 27th: https://

www.signupgenius.com/go/20f0f4babab29a57-virtual1 You can also call or text Anne Companion at 757-630-5860 to request a kit; these will include pancake mix, juice, and fruit cups.

A love offering will be accepted and will be donated to the ministries of the church.

#### A Night's Welcome

We have one more night for A Night's Welcome, on March 16th.

#### Where your help is needed:

If you can help with dinner prep, serving and cleanup, please call or text me at 757-630-5860 if you

have any questions or need help with signing up!

Thank you!

Anne Companion



## Lent Bible Study Sundays 4-5:30 PM on Zoom

Lent Bible Study and spiritual formation group will engage new devotional book by Kate Bowler, *Good Enough*. Time for holy conversation, deep dives, and scriptural exploration will be Sunday afternoons in Lent at 4-5:30 PM. All are welcome. By Zoom and potentially in person option. Contact the church office to reserve your copy of *Good Enough*. Help cover the cost \$15.

In Kate Bowler's bestselling memoir Everything Happens for a Reason, she unflinchingly and winsomely unpacked the ways that life becomes both hard and beautiful when we abandon certainty and the illusion of control in our lives. Now, in their first-ever devotional book, Kate Bowler and co-author Jessica Richie offer 40ish short spiritual reflections on how we can make sense of life not as a pursuit of endless progress but as a chronic condition. This book is a companion for when you want to stop feeling guilty that you're not living your best life now.

Written gently and with humor, Good Enough is permission for all those who need to hear that there are some things you can fix—and some things you can't. And it's okay that life isn't always better. In these gorgeously written reflections, Bowler and Richie offer fresh imagination for how truth, beauty, and meaning can be discovered amid the chaos of life. Their words celebrate

kindness, honesty, and interdependence in a culture that rewards ruthless individualism and blind optimism. Ultimately, in these pages we can rest in the encouragement to strive for what is possible today while recognizing that though we are finite, the life in front of us can be beautiful.



https://katebowler.com/good-enough/

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#### **Harmony House Presents:**

Rodney Rittenhouse Friday, March 11 7 PM Fellowship Hall

Donations for performers and food appreciated.



#### Tidewater Friends of Acoustic Music Presents: Jonah Ross March 25

**7 PM** 

Wesley's Fellowship Hall \$5 entrance fee Donations for snacks

Jonah Ross is a composer, known for <u>The Portrait of Jonah</u> (2016) a short documentary (26 min). This WHRO team member moonlights as a part of the band Court Street Company. He's currently working on a solo release.

#### MARCH/APRIL COUNTER SCHEDULE

#### MARCH

6—Mary Saylor/Zach Eitzen

13—Amy Stanley/Pat Fitzgerald

20—Pat Fitzgerald/Renee Arnold

27—Renee Arnold/Stephanie Eitzen

#### **APRIL**

6—Stephanie Eitzen/Becky Morris

10—Becky Morris/Clyde Gumbert

17\*\*\*\*\*EASTER\*\*\*\*\*VOLUNTEERS PLEASE

24—Clyde Gumbert/Helen Cope





#### H.E.L.P. Pantry Most Wanted List:

#### Most needed at the food pantry

- Dry cereal in boxes
- Tomato sauce
- Shelf-stable milk (single-serve packages)
- Jell-O
- Canned meat—Spam, corned beef, etc.
- Pork and beans
- Rice-a-Roni/ flavored rice packets
- Paper grocery bags

#### Most needed at the Day Center

Bus passes

Jeans

Sweatshirts

Sweatpants



#### Recycle Medical Equipment through Embrace

Embrace, a Newport News based nonprofit, aims to make a difference in impoverished countries by collecting, packing, and delivering durable medical supplies through Samaritan's Purse, an international disaster relief organization.

Drop off gently used medical equipment at any 1st Advantage branch location near you through February 28, 2022.

### Below are commonly used items accepted for donation:

Ace Bandages Canes
Cervical Collars Splints
Medical Boots Slings
Crutches Walkers

Wheelchairs

Back, Knee and Neck Braces

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#### **United Methodist Women (UMW)**

In March the United Methodist Women celebrate their National Day of Giving on March 23rd. Embrace the future for women, children and youth by giving to the Legacy Endowment Fund on Day of Giving, March 23rd.

#### WEDNESDAY, MARCH 23, AT 10 AM

Join the United Methodist Women on Facebook Live for our annual Day of Giving online event <a href="https://www.facebook.com/UMWomen">https://www.facebook.com/UMWomen</a> where you will hear from United Methodist Women. staff and members as we share the impact of our work together.

Ways to give: https://www.unitedmethodistwomen.org/150/give

March is Women's History Month—a time to lift up all the women who have made an impact on our collective history. For over 150 years, since the Woman's Foreign Missionary Society was first formed in 1869 in Boston, United Methodist Women has been on the forefront of developing leaders, fostering spiritual growth and advocating for justice.

The United Methodist Women members who helped create historic change are women like Alma Matthews, who assisted immigrant families arriving in New York, and Pauli Murray, who advocated for racial justice in schools. They include Juna Lear Locksmith, who advocated for Native Americans,

and Africa's first woman bishop, Joaquina Filipe Nhanala. Today, United Methodist Women continues to work for positive change and equips women around the world to become leaders of tomorrow. This work could not be accomplished without the dedication of all our members, who make United Methodist Women who we are. During Women's History Month, we honor not only the history of United Methodist Women, but of all women.

Celebrate Women's History Month—this month and every month. https://www.unitedmethodistwomen.org/womens-history-month



Wesley's UMW will be meeting Monday February 28th at 7PM. Join us at Carol Hale's home for a potato bar. The potatoes will be provided. Please bring a topping and/or dessert to share. Sylvia Krisnow will present a program on prayer and self denial. Please bring a special offering donation. Questions? Contact Nancy Gumbert.



#### YRD UMW Social Action Event

Saturday, March 19, 2022 9:30 a.m. via Zoom

virginia interfaith power & light

> TOPICS—RACIAL and CLIMATE JUSTICE

- Flood Preparedness Fund for communities of low income and those with disabilities.
- Clean water for everyone.

Speaker: Leah Jones,

Faith Community outreach Coordinator for vaipl



We will not be meeting in March. I encourage you to attend the Social Actions event on March 19th at 9:30 AM via Zoom presented by the York River District UMW. Leah Jones will be talking about climate change has effected our local area.



Leah Jones



#### Registration is required.

https://gbgm.zoom.us/meeting/register/ tJAvfuqprz4tGtbEM5o\_L-xWc4gf2pwUbJZ3

United Methodist Missionaries are #stillinmission and we hope that you will join us to learn more!

As always, if you have any questions at all or if you want promotional materials for your church or small group, please let us know!

Sincerely, Erica Oliveira on behalf of the Itineration Team

#### Save Your Soda Can Pull Tabs

John and Vicky Moyer are our new contacts for collecting can pull tabs. They will be donated to charity and for every pound collected by Dec 1, 2022, \$5.00 will come to Wesley to be used wherever it is needed most. Tabs can be left in the church office or kitchen.

#### **Update your Directory:**

Etta Marcolini M 29A The Gardens at Warwick Forest 1000 Old Denbigh Blvd Newport News VA 23602



#### February Audio Advocate released

The Audio Advocate is back for the Feb. 1. episode. In this episode, learn more about the conference archives with Stephanie Davis.

"The VAUMC Connection" is a series of standalone projects that will include news from the conference center, "The Audio Advocate" and a collection of resources and conversations shared by the Connectional Ministries office. Available on Spotify and Apple and the conference website.

#### **Mary Levin Bible Study**

For the month of March, MLBS will meet on the 2<sup>nd</sup> and 4<sup>th</sup> Wednesdays:

Wednesday, March 9<sup>th</sup>, 6:30 PM, location TBD Wednesday, March 23<sup>rd</sup>, 6:30 PM, location TBD

(We will return to the 1<sup>st</sup> and 3<sup>rd</sup> Wednesdays for April and May)



Contact person, Sylvia Krisnow.



## Join the weekly Chapel Service at the Virginia Conference Center

The Virginia United Methodist Center hosts a weekly public Zoom chapel service. Guests from around the conference lead worship each week. Tune in to sing, pray, and study.

The same Zoom link is used each week. Join Zoom Meeting https://zoom.us/j/95089094606 Meeting ID: 950 8909 4606 One tap mobile +13017158592,,95089094606# US (Washington DC)





Harmony House Feb 11







TFAM Feb 25





Sages met at Angelo's on Feb 23

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Sages met at Angelo's Feb 23













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Abby

Baby Grayson

Barbie Holland

Ben Stanley

**Betsy Pinder** 

Bill Lauder

Bill Mee

**Bridget Norris** 

**Buddy Carlisle** 

Caleb Coates

Charlie

Craig Savage

Crystal Radford,

David Hale

DeJohn

Don and Pat Brookman

Donnie Wallace

Ed Robertson

Eli Sweenev

Erica Hall

Freta Lamb

**Gary Bayless** 

Grace Burnell

Ian and Erik Waters

Jeff and Laura Moore

Jeff Birdsall

Joe Ames

Joe Brookman

Joella

John M

Jonnie Sowers Prayer Requests

Joseph Gilday

Karen Bowers

Kath

Kenny, Julie and Laura

Kenny Crocker

**Kevin Lykins** 

Lindsay Warf

Lucy Stowe

Margaret Cooper

Marion Stone

Mason Allen

Michael McPhail

Mike Mee

Nancy Companion

Nina Winfree

Patty Bumgarner

Pete Stone

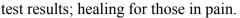
Ralph

Rosemary Bensted Shanon Blackburn Sheree Yoder Susan Nichols Todd Stern Vicki Robbins Zach Perkins

#### Other Concerns:

Zeb Cope

The Coronavirus; the tragedies occurring in our country and around the world; police officers and first responders; all who are grieving; our seniors; our church and the United Methodist Church; recovery from addiction; young adults needing a closer walk with Christ; those awaiting



# En we be or 7. All we

**Prayer Concerns** 

Emily and Tyler Winn welcomed their baby boy, Lennox Grey Winn, on February 6<sup>th</sup>—weight: 7 lbs., and 19 ½" long. All are doing beautifully well. Proud grandparents: Dale and Kathy Stumpf.

#### Joys:

Amy Stanley- Spending time with her mom after her hip surgery and recovery. The joy of being with her parents to celebrate their 60<sup>th</sup> wedding anniversary. Becky Morris- Hearing Jerry singing and playing guitar on Friday night in Gloucester. Jerry Sowers- Celebrating Phillip's birthday and his mother being able to be there with them. Lynnette Scalzi- Sharing God's word with a stranger in the grocery store. Joyce D'Bene-They were able to celebrate great grandson Eli's first birthday and see him take his first steps. Nancy Gumbert- Her mom's ultrasound of her leg had good results. Dale Stumpf- Joy our grandson, Lennox Gray Winn, arrived Sunday Feb 6. Judi Hines- Mikes continued healing from his hip surgery. Thanks to Wesley's church family for all its love and kindness. Lynnette Scalzi- Ezra Eitzen has recovered from COVID and Zach, Stephanie and Cecilia all tested negative. Jeanne Lineberry- Sharing lunch with her mom to celebrate her 91<sup>st</sup> birthday. Donna Turley- Visiting with a friend who turned 99 years old. Becky Morris- Seeing Diane here at church. Sylvia's birthday. Jeanne Lineberry- Sharing the Upper Room message with a coworker who is making life changing decisions. Lynnette Scalzi- Watching Kecoughtan's swim team compete in the Regional Swim Meet. Skylar and several other swimmers qualifying for the State Swim Meet. The Celebration of Life for our family friend Brandon. Chris Companion- His mother's successful hip surgery.

#### Our Christian Sympathy goes to the following families:

Joey Scalzi and the Johnson families on the death of Brandon Johnson. Clyde Gumbert and his aunt Vivian on the death of their cousin Doris. Susan Brookman and family on the death her great-uncle, Buford Williams.

# **Lectionary Readings**

MARCH 02 | Ash Wednesday (Purple or Grey) Joel 2:1-2, 12-17; Psalm 51:1-17 (*UMH* 785); 2 Corinthians 5:20b-6:10; Matthew 6:1-6, 16-21

MARCH 06 | 1st Sunday in Lent (Purple) Deuteronomy 26:1-11; Romans 10:8b-13; Psalm 91:1-2, 9-16 (*UMH* 810); Luke 4:1-13

MARCH 13 | 2nd Sunday in Lent (Purple) Genesis 15:1-12, 17-18; Psalm 27 (*UMH* 758); Philippians 3:17-4:1; Luke 13:31-35

MARCH 20 | 3rd Sunday in Lent (Purple) Isaiah 55:1-9; Psalm 63:1-8 (*UMH* 788); 1 Corinthians 10:1-13; Lk 13:1-9

MARCH 27 | 4th Sunday in Lent, UMCOR Sunday (Purple)

Joshua 5:9-12; Psalm 32 (*UMH* 766); Corinthians 5:16-21; Luke 15:1-3, 11b-32





Rise Against Hunger is driven by the vision of a world without hunger. Their mission is to end hunger in our lifetime by providing food and life-changing aid to the world's most vulnerable and creating a global commitment to mobilize the necessary resources.



Meal Packaging Event March 19 from 9:00 am - noon at Tabernacle UMC

831 Poquoson Ave., Poquoson VA 23662 | 757-868-6842

Join us for a great time of service, fellowship, and fun on **Saturday**, **March 19**, **at 9:00 am**, as we prepare and pack 20,000 meals to feed those in need. Whether you're a child, a senior citizen, or somewhere in between—WE NEED YOU!

If you have any questions, please contact Melanie Martin: melaniemmartin625@gmail.com.

You and your community group can sign up! Fill out this form and bring it by the church, 831 Poquoson Ave., Poquoson, VA or signup online at: https://tinyurl.com/TUMCRiseEvent

Name:	_
Phone:	
Email:	



#### **Latest news for Annual Conference 2022**

The Annual Conference (AC) Planning Team and conference leadership are planning for the 240th session of the Virginia Annual Conference to be inperson in Hampton, Virginia, June 16-18, 2022.

Amidst the ongoing pandemic, the AC Planning Team, in consultation with Bishop Lewis and the conference planner, will be monitoring the COVID surge around the state to host this annual meeting as safely as possible. Annual Conference members will be notified should the AC Planning Team deem a necessary change to this format because of the pandemic. Questions may be directed to the Rev. Dr. Steve Summers, Assistant to the Bishop and Conference Director of Connectional Ministries, at <a href="SteveSum-">SteveSum-</a>

nod is spirit, and it is necessary to worship God in spirit and truth, —John 4:24 (8) mers@vaumc.org. Find all AC 2022 news at www.vaumc.org/ac2022.

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## Birthdays and Anniversaries

- 24 Sam/Nancy McPhail (2007)
- 25 Donna Page
- 26 Fiona Companion
  Jacques Akasa Umembudi,
  Missionary (Congo)

Don/Donna Ward (1960)

29 Stephanie Eitzen



- 3 Barbie Holland
- 5 Walter Taylor
- 6 Joshua Stamey
- 7 Mary Bayless
  - Chuck/Irene Lutes (1990)
- 11 Emily Taylor
- 22 Pat Fitzgerald
  - Clayton Houston
  - Dave/Lori (Page) Roberson (2003)



## Session topics shared for free March 5 Zoom webinar on digital ministry

Join Phil Bowdle, a leading national voice in the area of church communications and author of *Rethink Communication: A Playbook to Clarify and Communicate Everything in Your Church*, on **Saturday, March 5 from 9 a.m. to 3 p.m.** for this practical conversation on one of the most important issues facing the church today. You'll walk away with a playbook of practical ideas, strategies, and resources that will spark engagement and more effective communication in your church.

**Session 1:** Moving From Reactive to Proactive Communications

**Session 2:** Building A Social Media Plan

Sponsored by the conference Board of Communications, this is a free event. Event will not be recorded for later viewing due to presentation copyright.

Registration is available at this link: <a href="www.vaumc.org/rethink-communication">www.vaumc.org/rethink-communication</a>.

#### **Bi-District Listening Post**

There will be one final Bi-District Listening Post on Sunday, March 20, 2022at 5:00 PM. Everyone is invited to participate.

Rappahannock River & York River DS is inviting you to a scheduled Zoom meeting.

Topic: Bi-District Listening Post

Time: Mar 20, 2022 05:00 PM Eastern Time (US

and Canada)

Join Zoom Meeting

https://zoom.us/j/97338888696

Meeting ID: 973 3888 8696

Passcode: 744469
One tap mobile

+13017158592,,97338888696# US (Washington

DC)

8558801246,,97338888696# US Toll-free

Dial by your location

+1 301 715 8592 US (Washington DC)

855 880 1246 US Toll-free

Meeting ID: 973 3888 8696 Find your local number:

https://zoom.us/u/abPTas8RS1



Registrative with the second		Marc	ch 2022	2		* *
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27 Pastor Gretchen Vacation 9:00 AM Sunday School 10:00 AM Worship Service Inperson, also on Zoom and Facebook live	28 Pastor Gretchen Vacation 6:30 PM UMW	1 Pancake Supper via Zoom - Time TBD 9:30 AM Chair Yoga	2 6:00 PM Big Book Topic Group (AA) 6:30 PM Mary Levin Bible Study 7:00 PM Ash Wednesday Service In-Person	Yoga <b>6:00 PM</b> Men's		5
6 Lenten Bible Study - 'Good Enough' by Kate Bowler 9:00 AM Sunday School 10:00 AM Worship Service Inperson, also on Zoom and Facebook live	<b>7</b> <b>7:00 PM</b> Metal Detector Club - Fellowship Hall	8 9:30 AM Chair Yoga 6:30 PM Leadership Board Meeting	9 Noon Prayer Time - Sanctuary 6:00 PM Big Book Topic Group (AA)	<b>6:00 PM</b> Men's	11 7:00 PM Harmony House Featuring Rodney Rittenhouse - Fellowship Hall	12
13 Lenten Bible Study - 'Good Enough' by Kate Bowler 9:00 AM Sunday School 10:00 AM Worship Service Inperson, also on Zoom and Facebook live	14 2:00 PM Red Cross Blood Drive - Fellowship Hall	15 9:30 AM Chair Yoga	16 A Night's Welcome Host Noon Prayer Time - Sanctuary 6:00 PM Big Book Topic Group (AA) 6:30 PM Mary Levin Bible Study	7:00 PM Choir	18	19
20 Lenten Bible Study - 'Good Enough' by Kate Bowler 9:00 AM Sunday School 10:00 AM Worship Service Inperson, also on Zoom and Facebook live	21	<b>22</b> 9:30 AM Chair Yoga	23 Noon Prayer Time - Sanctuary 12:30 PM Sages 6:00 PM Big Book Topic Group (AA)	<b>6:00 PM</b> Men's Bible Study	<b>25</b> 7:00 PM Tidewater Friends of Acoustic Music - Jonah Ross	26
27 Lenten Bible Study - 'Good Enough' by Kate Bowler 9:00 AM Sunday School 10:00 AM Worship Service Inperson, also on Zoom and Facebook live	28	<b>29</b> <b>9:30 AM</b> Chair Yoga	30 Noon Prayer Time - Sanctuary 6:00 PM Big Book Topic Group (AA)	12:00 PM	1	2

Our Calendar is updated daily! Please go to our website for a current calendar. <a href="http://www.hamptonwesley.org">http://www.hamptonwesley.org</a>

#### Assistance continues with Afghan Allies' resettlement

A great way to be involved and walk alongside our new neighbors is to form a sponsor circle with at least 4 other people. Once certified, sponsor circles will welcome the newcomers directly into the community and provide tailored support through the initial integration process. As a sponsor circle, you and the other members of the circle will take on tasks like finding initial housing, stocking the pantry,



connecting children to school, providing initial income support, and helping adults to find employment. If your church would like to become a sponsor, through the connection, or would like to be part of an email chain that shares various information regarding resettlement, please contact <a href="mailto:serving@vaumc.org">serving@vaumc.org</a>

#### Wesley United Methodist Church

## 2510 N. Armistead Avenue Hampton, VA 23666

Phone: 757-838-3044 Fax: 757-838-1663

E-mail: secretary@wesleyhpt.hrcoxmail.com

Pastor:gretchennelson@vacumc.org

WEBSITE: http://www.hamptonwesley.org

RETURN SERVICE REQUESTED

Prepared with love especially for:



#### **UMCOR SUNDAY March 27th**



On UMCOR Sunday, our special offering directly affects the ability of the United Methodist Committee on Relief (UMCOR) to respond immediately to disasters and other calamities.

Did you know that the United Methodist Committee on Relief doesn't receive apportionment funds? Because of gifts received through offerings like

UMCOR Sunday (formerly One Great Hour of Sharing), UMCOR is able to cover its administrative costs.

When your church joins with other United Methodists to support UMCOR, you equip UMCOR staff to work **globally to alleviate suffering and advance hope and healing**. Through relationships with local organizations and trained community leaders, UMCOR can **activate its network** and provide emergency funds as soon as they know of an urgent need.

UMCOR works with vulnerable communities to strengthen self-sufficiency and encourage partnerships. UMCOR responds to U.S. and international disasters, addresses diseases of poverty, ministers to refugees and immigrants, provides clean water and actively works to reduce hunger.

The General Board of Global Ministries is the worldwide mission agency of The United Methodist Church. Founded in New York City in 1819, Global Ministries today supports more than 300 missionaries in 60 countries, including the United States. It has personnel, projects and partners in 136 countries. Learn more about Global Ministries by visiting UMCMission.org or follow Twitter.com/UMCMission and Facebook.com/GlobalMinistries.