



Volume 14, Issue 3 March 2023

esley Tidings

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Pastor's Ponderings

John Wesley's revival movement began with an inspiration born from within a small group of disciples, called "The Holy Club" after certain scriptures that were central to their devotion, striving to live a life as faithful disciples (they were often called "Bible Moths" btw). Born into a family devoted to formation as Jesus' followers, John and Charles grew up with regular Bible study, prayer, worship, and acts of service. Following a call and conviction to be a faith



leader, John became an Anglican Priest where he experienced a need for renewal among all people toward holiness of heart and life. This vision was fueled by Holy Spirit inspirations from his home life and small group experience while training at Oxford together.

I offer this brief review as a reminder that we all need revival, renewal, inspirational moments in our journey as followers of Jesus' Way. We benefit from set apart time, service, study, and action for healing and hope. Our community life brings these opportunities among us regularly as does our Christian Liturgical Calendar. Not simply a way for marking time, this calendar orients our lives toward time as an expression of faith. Currently this liturgical direction points toward Jesus' last week and resurrection through forty days intentionally practicing devotions for renewal, revival, and reconciliation. Welcome Lent as a close companion with one another. Let Lent welcome you as a guide to a closer walk with Jesus and Holy Spirit. Like John and Charles Wesley and their small group of Bible Moths, may spiritual practices draw you toward Divine light. May reconciliation be a daily expression of grace in your relationships. May revival spring up in your spirit for renewal and hope-filled serving.

1 Peter 1:15-16—Instead, as he who called you is holy, be holy yourselves in all your conduct; for it is written, 'You shall be holy, for I am holy.'

TRANSFORMED BY THE

Romans 12:1-2— RENEWING OF YOUR MIND! The New Life in Christ

I appeal to you therefore, brothers and sisters, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. Do not be conformed to this world, but be

transformed by the renewing of your minds, so that you may discern what is the will of God—what is good and acceptable and perfect.

Peace,

Pastor Gretchen



YOU ALSO BE HOLY IN ALL YOUR CONDUCT.

"Be holy, for I am holy"

Holy Week

Palm Sunday - April 2—10 AM Worship online and in-person

Maundy Thursday - April 6 Good Friday - April 7 Holy Saturday - April 8



Easter -April 9th

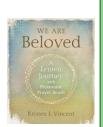
Sunrise Service In-Person. Outside. TBA

In-Person and Online Service of praise and Resurrection 10 AM

Flowering of the cross - all day - Bring clippings and special flowers to witness to new life in Jesus and arrange them in the cross on the front lawn.

Lent Bible Study Sundays 4 PM

During this 40 day journey toward Holy Week and Easter Resurrection, together we ask "How is it with your soul?" and "How is your soul as you



walk around in this world?". Our companion on this year's quest are the Lectionary Texts and *We Are Beloved: A Lent Journey with Protestant Prayer Beads* by Kristen E. Vincent.

Gather at 4 PM each Sunday at Wesley in the John Phillips classroom for a time of holy exploration, Bible study, and prayer.

Contact the church office to get your copy. The books are \$14.00 each.

There are a variety of daily devotionals available outside Wesley's sanctuary to accompany your Lenten journey.

A Night's Welcome

We have one more night for A Night's Welcome, on March 15th.



Where your help is needed:

A night's Welcome Breakfast Items needed. SignUpGenius https://www.signupgenius.com/go/20f0f4babab29a57-anights2/47686329#/

Thank you!

Anne Companion

Can Pull Tab Ministry

Last year, I pledged to donate \$10 to our church for every pound of can tabs collected and brought to our church. We collected a total of 16 pounds. Thanks to everyone who donated "tab". A special thank you to Marsha Ames, as she brought in a total of 11.2 pounds! I have written a check of \$160 to Wesley.

I offer the same pledge again this year. Let's make this year a really successful one. Tabs on can include, but are not limited to the following: Soda, Beer, Fruits, Soups, Meats, Seafood and Vegetables.







These tabs are collected and taken to the Dominion Recycling where a higher price is paid because they are clean. Cash is given to the Hampton Woman's Club Treasurer and placed in the charitable contribution account

for amounts of donations to various Hampton charitable organizations. The Board of Directors have the final decision as to where the money will be spent.

This endeavor is two-fold. First it helps to finance our expenditures and second, it helps the deserving citizens of our great city. I look forward to writing a check in a much large amount by the end of 2023.

Sincerely, Vicky Moyer



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Harmony House Presents:

Friday, March 10—7 PM Fellowship Hall



Streets of Gold is a gospel quartet out of central Virginia. Four people who love to sing about the Lord and minister through Christian Music!

The group consists of Diane Laine (Tenor), Laura Spain (Baritone), Steve Wike (Lead) and Charles West (Bass).

https://streetsofgoldgospel.com/about-us

Donations for performers and food appreciated.



Tidewater Friends of Acoustic Music

Presents: Joey Wood March 24 7 PM

Wesley's Fellowship Hall \$5 entrance fee Donations for snacks

https://www.allmusic.com/artist/joey-wood-mn0001945085

MARCH/APRIL COUNTER SCHEDULE

March 5- Amy Stanley/Clyde Gumbert

March 12- Clyde Gumbert/Zach Eitzen

March 19- Zach Eitzen/Marsha Ames

March 26- Marsh Ames/Renee Arnold

April 2- Renee Arnold/Stephanie Eitzen

April 9– EASTER—VOLUNTEERS NEEDED

April 16- Stephanie Eitzen/Pat Fitzgerald

April 23- Pat Fitzgerald/Debbie Andersen

April 30- Debbie Andersen/Amy Stanley

Contact person—Amy Stanley





H.E.L.P. Pantry Most Wanted List:

Most needed at the food pantry

- Dry cereal in boxes
- Tomato sauce
- Shelf-stable milk (single-serve packages)
- Jell-O
- Canned meat—Spam, corned beef, etc.
- Pork and beans
- Rice-a-Roni/ flavored rice packets
- Paper grocery bags
- Toilet Paper
- Individually Wrapped Bars of Soap

Learning to Live Inside Out (from UMC Discipleship Ministries)

"Lent is a bi-directional season. Or at least it should be. That isn't how we usually experience the season, however. Too often, we see the Lenten journey simply as a journey inward. While that is a great start or an important component to a powerful Lenten experience, it can't be the whole story. Examining your soul is more than just looking inward; it is also considering the state of your soul as it walks about in the world. This isn't new. Historically, the church has talked about the spiritual disciplines in two directions. Like the great commandment, 'Love the Lord your God with all your heart, all your souls, all your mind and all your

strength. And love your neighbor as yourself.' (Matthew 22:27-28) These two sides of the same coin cannot ultimately be separated."



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United Women in Faith (UWF)



Join Wesley's United Women Faith February 27th at 6:30 PM in the Fellowship Hall. We will be having fun with National Retro. Be a blast from the past by wearing clothes from that you wore in the past. There will be a program on A Call Prayer and Self-Denial. We will also be distributing funds to UWF and local groups. Light refreshments will be served.

March 18th, Mission Rivers District is having a Young Women's Retreat on Zoom from 9AM-noon via Zoom. Please let Nancy know if know a young woman that may be interested in this event.

We will also be meeting March 27th at 6:30 PM in the Fellowship Hall. Program TBA. All are Welcome! Contact person, Nancy Gumbert, President

On March 23, United Women in Faith celebrates a "Day of Giving" to raise funds for The Legacy Endowment Fund

Why March 23? Because on that date in 1869 a group of eight intrepid women founded the Woman's Foreign Missionary Society, an organization that was the forerunner of United Women in Faith. To fulfill their vision of creating educational opportunities and providing health care to women in India, these founding women asked others to contribute "their prayers and two pennies." In this way a movement of faith and generosity in action was born.

The Legacy Endowment Fund of United Women in Faith is a permanent endowment that supports the work of the organization on behalf of women, children, and youth around the world. The goal of The Legacy Endowment Fund Campaign is \$60 million. Thousands of generous donors have contributed to date, bringing the campaign close to half of this goal.

The annual Day of Giving on March 23 is the single largest fundraising activity for the Legacy Fund of the year. United Women in Faith members and supporters across the country gather locally and virtually to contribute to and raise funds for the endowment.

For ways to give, go to 2023 Day of Giving | United Women in Faith (uwfaith.org)



United Women in Faith: Voices From the Field "Love, Justice, Service: The Order of Deaconess and Home Missioner"

Tuesday, March 7, 2023, at 7:30 p.m. Eastern Time (6:30 p.m. Central) Virtual via Zoom



This program will introduce individuals who are a part of the Office and Order of Deaconess and Home Missioner. Bear witness to their callings to faithfully serve organizations that are transforming lives and communities, and learn why our support as United Women in Faith is vital.

Join Deaconesses:

- Monica Bartley, Community Outreach Coordinator for the Center for Independence of the Disabled in New York
 Tracey Owens, Director of Activities at Brooks-Howell Home in Asheville, N.C.
- Joy Prim, United Methodist Missionary serving as a welfare case officer with migrant workers in Hong Kong and convener of International Coalition for Human Rights in the Philippines-Hong Kong

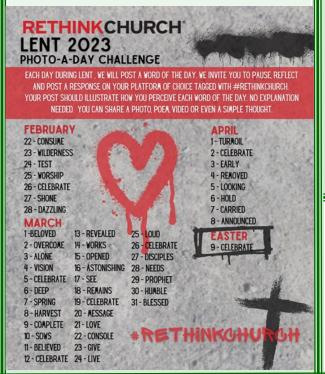
To Register, go to: https://us06web.zoom.us/meeting/register/tZUrcu-grTssHNLdRi-m1nsZLOdjpbMUsIO

Lenten Faith Practice

UMC ReThink church has a photo-a-day calendar prompt for personal spiritual formation and social media interactions. Post your photos on Wesley's Facebook and Instagram too. Let this daily word calendar engage your holy curiosity as you walk through your daily encounters.

You don't have to be a great photographer. This project is more about the practice of paying attention and being intentional. Let's start this 40-day journey together, sharing glimpses of our lives with one another. Let this be an intentional time, even for a few minutes a day, to pause, remember and reflect.

https://www.umc.org/en/content/lent-photo-a-day -2023



Red Cross Blood Drive

Monday, March 13, 2:00-7:00 PM



Please donate if you can. There will be a sign-up sheet on the bulletin for volunteers to greet donors as they arrive. Contacts: The Companion's

Donations for earthquake relief in Turkey, Syria



UMCOR— Join in prayer for the people of Turkey and Syria who have just experienced two devastating earthquakes. The initial quake, which hit in the early morning hours of Monday, leveled buildings, killing more than 1,700 people and wounding more than 5,300, with numbers expected to climb. News reports are already assessing the impact as the worst to hit the area in a century. UMCOR is processing a grant to their partner in Turkey, International Blue Crescent (IBC), which has issued an appeal for emergency supplies such as tents, heaters, blankets, warm clothes, food, and first aid. You can donate to UMCOR International Disaster Response and Recovery Advance.

https://advance.umcmission.org/p-641-umcor-international-disaster-response-and-recovery.aspx

Mary Levin Bible Study

For the month of March, MLBS will meet on the 2nd and 4th Wednesdays:

Wednesday, March 1st, 6:30 PM, Lynnette Scalzi's

Wednesday, March 15th, 6:30 PM, Carol Hale's

Contact person, Sylvia Krisnow.





Register now for small church communications webinar

Register today for the Small and Rural Church Communications Webinar on **Wednesday, March 8**, 9 a.m.-noon, on Zoom. This free webinar hosted by the conference Board of Communications will focus on the communication needs of small and rural churches

that often face limited resources, budgets, technology, and staff but who want to reach their community and members in effective ways. Guest speakers will include Rev. Keon Huh, Jonathan Lemaster-Smith, and Jeremy Brown. Register... https://zoom.us/webinar/register/WN JnONYOo5RWqhLsGCdjA4tg







February 21—Shrove Tuesday Pancake supper prepared and served by the Seekers Sunday School class.

Donations for Wesley.











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February 21—Shrove Tuesday Pancake supper Pictures Con't









Harmony House Feb 10 Jerry Sowers Singing Love Songs











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Feb 22—Sages met at Jimmy Da Greek's Deli



Tidewater Friends of Acoustic Music Feb 25 Derek Smith











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Abby

Ann Wilson's cousin

Ashley

Aunt Dee

Baby Grayson

Barbara Green

Barbie Holland

Ben Stanley

Bill Lauder

Bill Mee

Bill Mee

Brittany Baum Buddy Car-

lisle.

Caleb Coates

Carlie Shivers

Chuck and Irene Lutes

co-workers son

Craig Savage

Dave Bisacre

David Brookman

David Roane

Donna Kennedy

Dylan

Eli

Freta Lamb

Gail Hale

Helen and Zeb Cope

Helga Lutes

Janice Fickett

Jeff Birdsall

Jerry

Jim McKirdy

Jimmy Wheeless

JoAnn

Joella

Jordan

Judy Kirlin

Karen Bowers

Kathy and Mike Lewark

Kelly Phillips

Kenny Crocker

Kimberly Morris

Lana Koblinsky

Lucy Stowe

Margaret Herndon

Mary Bayless' granddaughter

Nancy Companion

Nina Winfree

Pastien

Patty Bumgarner President Jimmy Carter and family

Sam Sara

Scott St John Sofia Amado Stacy Thomson

Steve Lillya Susan Haves

Prayer Requests
Susan Nichols
Wanda

Zach Perkins



Dear Church Family,

Thank you so much for your support following my knee replacement surgery. The encouragement and prayers have been a blessing to me during these weeks of recovery. Thank you for the cards, the calls, and the text messages to check up on my progress. And a special thank you for the prayer shawl. That is a great ministry that touches so many and it truly touched me to receive a shawl. Again, thank you and God bless all! *Dave Brookman*

Glory Sightings

Joyce D'Bene- I had a repairman come to fix my washing machine and he saw Bud's picture and recognized him and asked if he could pray with me. We also prayed for my family. He was an awesome person to pray with. David Roane- I am here! We have a bag of cards at home from all of you. But the prayer shawl touched us most of all. All of you brought the church and God into our home. The prayers shawl is now a part of our family and will be passed down. David Brookman- Thank you all for the cards, notes and phone call and my prayer shawl. It's good to be back in church. Jeanne Lineberry- Good to see both David's in church. Thanks for all the prayers for the Polar Plunge on Saturday. Over 2 million dollars was raised for the Special Olympics. Pastor Gretchen- Good News website story of a woman that had a medical emergency and crashed her car. A person crossed over all the lanes of traffic to help her. Having people step outside of themselves to help other. Robin Welch- Another person crossed an icy road to help others in an accident. Jim McKirdy- Seeing the sun shine through the stained glass windows of the Sanctuary. Watching the birds going in and out of the birdhouse. Glad to be back at church. Jerry Sowers- Seeing everyone in church this morning. Dale Stumpf- Facebook live is up and working this morning. Lynnette Scalzi- Watching Skylar swim at the high school state swim championships and watching Kaylin swimming at District Swim meet for the Coast Guard Blue Dolphins. Jack Rezabek-Rev. Patty Money is recovered from COVID and is back at work and in church today. Becky Morris- Thanks to Jerry for organizing today's Hymn service and the music we enjoyed.

Other Concerns

The Coronavirus; the tragedies occurring in our country and around the world; police officers and first responders; all who are grieving; our seniors; our church and the United Methodist Church; recovery from addiction; young adults needing a closer walk with Christ; those awaiting test results; healing for those in pain.

Our Christian Sympathy goes to the family of Jim Eason on his passing.

Lectionary Readings

MARCH 05 | 2nd Sunday in Lent (Purple) Genesis 12:1-4a; Psalm 121 (UMH 844); Romans 4:1-5, 13-17; John 3:1-17

MARCH 12 | 3rd Sunday in Lent (Purple) Exodus 17:1-7; Psalm 95 (UMH 814); Romans 5:1-11; John 4:5-42

MARCH 19 | 4th Sunday in Lent (Purple) 1 Samuel 16:1-13; Psalm 23 (UMH 754 or 137); Ephesians 5:8-14; John 9:1-41

MARCH 26 | 5th Sunday in Lent (Purple) Ezekiel 37; 1-14; Psalm 130 (UMH 848); Romans 8:6-11; John 11:1-45

April is Child Abuse Prevention Month

Again this year, to raise awareness and stand in solidarity against child abuse we will participate in *Pinwheels for Prevention*, part of a national movement that focuses on community activities and public policies that prioritize healthy child development from the start so that abuse and neglect never even begin.

In partnership with Healthy Families Inc. and other UM churches in Hampton, we will have a pinwheel garden throughout the month of April.



We all play a role when it comes to the healthy development of our nation's children.





Above Left: Got arrested by the cops Above right: Found a good natured cop



Left: The group



Thank you for all the support that I received when I took the Polar Plunge!—Jeanne Lineberry

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Birthdays and Anniversaries

- 24 Sam/Nancy McPhail (2007)
- 25 Donna Page
- 26 Fiona Companion
 Jacques Akasa Umembudi,
 Missionary (Congo)
 Don/Donna Ward (1960)
- 29 Stephanie Eitzen

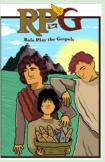


- 3 Barbie Holland
- 5 Walter Taylor
- 6 Joshua Stamey
- 7 Mary Bayless
 - Chuck/Irene Lutes (1990)
- 11 Emily Taylor
- 22 Pat Fitzgerald
 - Clayton Houston
 - Dave/Lori (Page) Roberson (2003)



New Skunk on the Table episode explores disaffiliation

Skunk on the Table is a video, podcast and article series with a focus on simple and clear conversations about topics of interest to the Virginia Conference and denomination. In the second episode of the series, Bishop Sue shares her thoughts on disaffiliation, advice for churches considering disaffiliation, and encouragement to clergy and laity in the Virginia Conference to be boldly United Methodist and to focus on their ministry and witness. The podcast and article for the episode are available at https://vaumc.org/skunk/



New 2023 Lenten resource: Role Play the Gospel

Are you looking for a new way to experience the Lenten Season? A new resource called Role Play the Gospel (or RPtheG) is a project created by a group of Virginia clergy, laity, and the conference Communications Office to help

immerse yourself into the events of Holy Week. Build a character, read some Scripture, and turn on those imaginations! More coming soon, so stay tuned! <u>Watch introduction video...</u> https://www.facebook.com/watch/? v=725057472334222&ref=sharing



UMFS Giving Day for Mental Health

Mark your calendars for **Wednesday**, **March 8** to join United Methodist Family Services for UMFS Giving Day for Mental Health. Mental health challenges can feel overwhelming, especially for a child. You can make a difference. Every \$25 you donate will provide another critical hour of mental health care and support for a child in need. Visit UMFS.org/mental-health-day to learn more.

33 churches disaffiliate at Feb. 18 Special Annual Conference

A Special Called Annual Conference session was held on February 18, 2023 for the Virginia Annual Conference membership to consider the ratification of 34



local churches seeking to disaffiliate from The United Methodist Church over matters of human sexuality using Paragraph 2553 of the Book of Discipline.

https://vaumc.org/33-churches-disaffiliated-at-special-called-annual-conference/?
utm_source=mailpoet&utm_medium=email&utm
_campaign=Advocate%2C+November+8%
2C+2022

		Ma	rch 202	2.3		* FF
Sunday	Monday		Wednesday		Friday	Saturday
26 Lenten Bible Study 9:00am Sunday School 10:00am Worship Service In-person, also on Zoom and Facebook live 7:00pm NA Recovery Group	27 6:30pm UWF	Yoga	1 12:00pm Lenten Noon Prayer-Soup 6:00pm Big Book Topic Group (AA) 6:30pm Mary Levin Bible Study- -Lynnette Scalzi's	7:00pm Choir Practice	3	4
5 9:00am Sunday School 10:00am Worship Service In-person, also on Zoom and Facebook live 4:00pm Lenten Bible Study 7:00pm NA Recovery Group		Yoga	Noon Prayer-Soup Lunch following	7:00pm Choir Practice	10 7:00pm Harmony House-Streets of Gold gospel quartet	11
Potuck Everyone Brings Something to the Table. 9:00am Sunday School 10:00am Worship Service In-person, also on Zoom and Facebook live 4:00pm Lenten Bible Study 5:30pm Potluck Supper 7:00pm NA Recovery Group	2:00-7:00 pm Red Cross Blood Drive - Fellowship Hall	9:30am Chair Yoga	Noon Prayer-Soup Lunch	7:00pm Choir Practice	17	18
9:00am Sunday School 10:00am Worship Service In-person, also on Zoom and Facebook live 4:00pm Lenten Bible Study 7:00pm NA Recovery Group	20	9:30am Chair Yoga	Noon Prayer-Soup Lunch 12:00pm Newsletter Deadline 12:30pm Sages 6:00pm Big Book Topic Group (AA)	7:00pm Choir Practice	24 7:00pm Tidewater Friends of Acoustic MusicJoey Wood	25
9:00am Sunday School 10:00am Worship Service In-person, also on Zoom and Facebook live 4:00pm Lenten Bible Study 7:00pm NA Recovery Group		9:30am Chair Yoga	12:00pm Lenten Noon Prayer-Soup Lunch	7:00pm Choir Practice	31	1

Our Calendar is updated daily! Please go to our website for a current calendar. http://www.hamptonwesley.org

Video discusses John Wesley and the circuit riders—Ready for more John Wesley and early Methodist history? In this video from VAUMC Communications, learn more about <u>circuit riding from early Methodism https://www.youtube.com/watch?v=DqXi0q3ZL7Y</u>.



Wesley United Methodist Church

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Pastor:gretchennelson@vacumc.org

WEBSITE: http://www.hamptonwesley.org

RETURN SERVICE REQUESTED

Prepared with love especially for:



UMCOR SUNDAY March 19th



On UMCOR Sunday, our special offering directly affects the ability of the United Methodist Committee on Relief (UMCOR) to respond immediately to disasters and other calamities.

Did you know that the United Methodist Committee on Relief doesn't receive apportionment funds? Because of gifts received through offerings like

UMCOR Sunday (formerly One Great Hour of Sharing), UMCOR is able to cover its administrative costs.

When your church joins with other United Methodists to support UMCOR, you equip UMCOR staff to work **globally to alleviate suffering and advance hope and healing**. Through relationships with local organizations and trained community leaders, UMCOR can **activate its network** and provide emergency funds as soon as they know of an urgent need.

UMCOR works with vulnerable communities to strengthen self-sufficiency and encourage partnerships. UMCOR responds to U.S. and international disasters, addresses diseases of poverty, ministers to refugees and immigrants, provides clean water and actively works to reduce hunger.

The General Board of Global Ministries is the worldwide mission agency of The United Methodist Church. Founded in New York City in 1819, Global Ministries today supports more than 300 missionaries in 60 countries, including the United States. It has personnel, projects and partners in 136 countries. Learn more about Global Ministries by visiting UMCMission.org or follow Twitter.com/UMCMission and Facebook.com/GlobalMinistries.